

ORGANIZING SECRETARIAT



Symposium Eventi srl

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www.sarcoidosi.org



Amici contro
la Sarcoidosi
Italia

FIFTH NATIONAL CONFERENCE ON SARCOIDOSIS DIAGNOSIS AND TREATMENT EVOLUTION AND NEW PARADIGMS

PROGRAM

17-18 APRIL 2026

Courtyard by Marriott Rome

Central Park

Via Giuseppe Moscati, 7 - Rome

CONFERENCE PRESENTATION



Sarcoidosis is a rare, chronic, systemic granulomatous inflammatory disease characterised by high clinical heterogeneity. It can be asymptomatic, constituting an incidental diagnostic finding, or manifest itself with multi-organ involvement and a chronic course, often associated with pre-existing or time-dependent comorbidities.

A significant proportion of patients – estimated between 30% and 50% – present complex forms, burdened by a high morbidity rate, determined not only by the direct manifestations of the disease, but also by the presence of concomitant or emerging comorbidities and the side effects of prolonged therapies, particularly those based on corticosteroids and immunosuppressants.

These conditions have a significant impact on patients' quality of life, with important psychosocial repercussions and reduced working capacity, which also translate into significant socio-economic costs.

Despite advances in research, sarcoidosis remains a largely 'orphan' disease: little known, often underestimated in its severity and sometimes mistakenly considered a benign and self-limiting condition. This perception contributes to diagnostic delays, inadequate treatment and fragmented management that is not commensurate with the clinical complexity of patients.

The systemic nature of the disease, together with the frequent presence of comorbidities, requires an integrated and multidisciplinary clinical approach, which can only be achieved in reference centres with specific expertise, adequate resources and a strong involvement in scientific research and the development of new therapeutic options.

In recent years, sarcoidosis has received increasing attention thanks to the joint efforts of European national patient associations, leading international scientific societies (WASOG, ELF, ERS) and supranational organisations affiliated with the European Commission, such as the ERN Lung Sarcoidosis Core Network, which are working to accelerate research and redefine diagnostic and therapeutic paradigms.

This is the context for the **5th National Congress on the Diagnosis and Treatment of Sarcoidosis – "Evolution and New Paradigms"**, which represents an important opportunity for multidisciplinary discussion to explore the many aspects of the disease. Thanks to the contribution of authoritative national and international experts, the main clinical and management aspects of sarcoidosis will be discussed, with particular attention to technological innovation, quality of life, the psychosocial dimension and the psychological care of the patient.

The aim is to promote an increasingly in-depth understanding of sarcoidosis, its etiopathogenetic mechanisms and its manifestations, in order to improve the diagnostic-therapeutic approach, enhance care and progress towards a definitive cure.

Conference President
DR. FILIPPO MARTONE

Scientific President
PROF. LUCA RICHELDI

Scientific Committee
PROF.SSA ELENA BARGAGLI, PROF. PAOLO SPAGNOLO

FACULTY

KATERINA ANTONIOU
Heraklion

ELIZABETH ARKEMA
Solna

ELENA BARGAGLI
Siena

EMANUELA BARISONE
Genova

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Milano

FRANCESCO BONELLA
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ALBERTO BRAGHIROLI
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CHIARA BRIANI
Padova

PAOLO CAMELI
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VINCENZO DONADIO
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Paris

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PETER KORSTEN
Senderhorst

VASILIS KOURANOS
London

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Milano

FILIPPO MARTONE
Bologna

ALBERTO PAPI
Ferrara

GIULIANA PASCIUTO
Roma

VENERINO POLETTI
Forli

ANTJE PRASSE
Basel

GAETANO REA
Napoli

LUCA RICHELDI
Roma

NATALIA RIVERA
Solna

ANDREA ROMIGI
Pozzilli

BARBARA RUARO
Trieste

JACOBO SELLARES
Barcellona

MICHELLE SHARP
Baltimore

GIOVANNI SOTGIU
Sassari

PAOLO SPAGNOLO
Padova

ANNA AGNESE STANZIOLA
Napoli

CLAUDIO TANA
Chieti

ROCCO TRISOLINI
Roma

DOMINIQUE VALEYRE
Paris

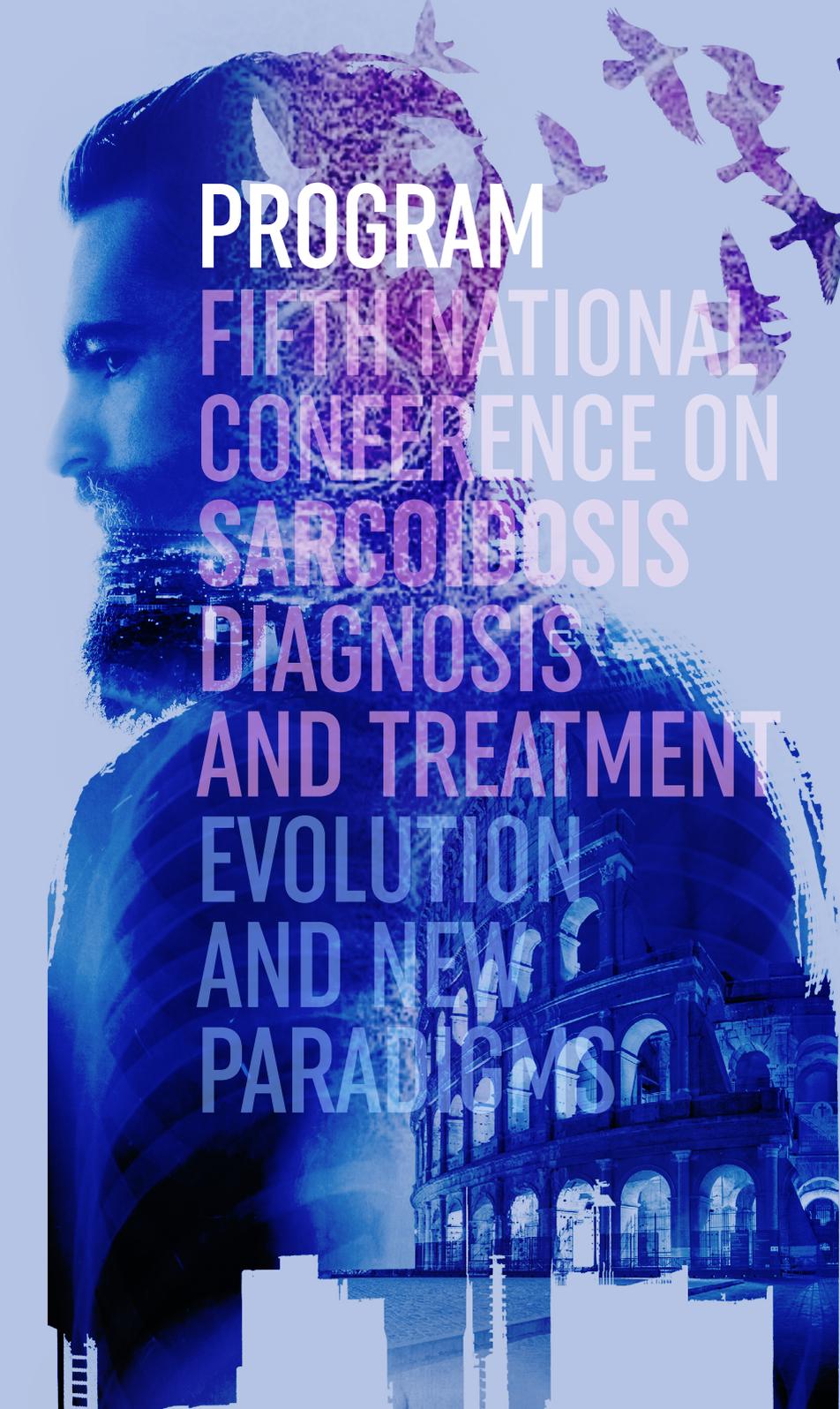
MARCEL VELTKAMP
Utrecht

LUCIA VIETRI
Ferrara

ATHOL WELLS
London

MARLIES WIJSENBEEK
Rotterdam





PROGRAM
FIFTH NATIONAL
CONFERENCE ON
SARCOIDOSIS
DIAGNOSIS
AND TREATMENT
EVOLUTION
AND NEW
PARADIGMS

FRIDAY, APRIL 17

- 09.00am **Conference Opening**
 PROF. LUCA RICHELDI, DR. FILIPPO MARTONE
- 09.05am **Greetings by the Authorities**
- 09.15am **Opening lecture and presentation of the Sixth National Conference on Sarcoidosis Diagnosis and Treatment 2027 in Milan**
 SERGIO HARARI
- 09.20am **Diagnosis and treatment guidelines: the importance of their constant updating**
 KATERINA ANTONIOU

FIRST SESSION: EVOLUTION OF SARCOIDOSIS DIAGNOSIS

CHAIRS: ROBERT BAUGHMAN, VENERINO POLETTI, SIMON HART

- 09.30am **Early diagnosis in sarcoidosis: a chimera or an existing possibility?**
 ATHOL WELLS
- 09.45am **The diagnosis of cardiosarcoidosis and its management**
 VASILIS KOURANOS
- 10.00am **Evolution of the Instrumental Endobronchial Investigation**
 ROCCO TRISOLINI
- 10.15am **Difficult differential diagnoses**
 PAOLO SPAGNOLO
- 10.30am **The diagnosis of extrathoracic sarcoidosis**
 PAOLO GANELI
- 10.45am **New tools for imaging in sarcoidosis**
 GAETANO REA
- 11.00am **Small fiber neuropathy: diagnosis and treatment**
 VINCENZO DONADIO
- 11.15am **Discussion**
- 11.35am **Coffee break**

SECOND SESSION: FATIGUE IN SARCOIDOSIS: THE EVOLUTION OF THE UNDERSTANDING

CHAIRS: DAN CULVER, JAN GRUTERS, MARCO CONFALONIERI

- 11.50am **Fatigue and Sleepiness: diagnosis in people with sarcoidosis**
 ANDREA ROMIGI
- 12.05pm **Fatigue and disease phenotypes**
 JAN GRUTERS
- 12.20pm **Diagnosis of sleep breathing disorders in sarcoidosis and their therapy**
 ALBERTO BRAGHIROLI
- 12.35pm **OSAS in sarcoidosis: the experience of Policlinico Gemelli**
 GIULIANA PASCIUTO
- 12.50pm **Discussion**

01.05pm **Extra CME Session with the unconditional contribution of Boehringer Ingelheim: Sarcoidosis and Progressive Pulmonary Fibrosis: how to handle the complexity of the patient**
 PAOLO SPAGNOLO

01.25pm **Lunch**

FRIDAY, APRIL 17

THIRD SESSION: EVOLUTION OF SARCOIDOSIS THERAPY: INDIVIDUAL MEDICINE AND MULTIDISCIPLINARY APPROACH

CHAIRS: ATHOL WELLS, PETER KORSTEN, PAOLO SPAGNOLO

- 02.45pm **The PredMeth study and its possible impact on current treatment guidelines**
VIVIENNE KAHLMANN
- 03.00pm **Sarcoidosis therapy: multi-disciplinarity in the daily clinic**
DOMINIQUE ISRAEL-BIET
- 03.15pm **Phenotypes and pain therapy in sarcoidosis**
MARCEL VELTKAMP
- 03.30pm **Cutaneous sarcoidosis: clinical manifestations, therapy and follow-up**
ELISA CINOTTI
- 03.45pm **Pulmonary hypertension in sarcoidosis: the status quo of therapeutic options**
MICHELE D'ALTO
- 04.00pm **Neurosarcoidosis: diagnosis, therapy and follow-up**
CHIARA BRIANI
- 04.15pm **WASOG: present and future role in defining clinical best practices and research**
MICHELLE SHARP
- 04.30pm **Pulmonary fibrosis pictures, available therapies and possible evolutions**
LUCA RICHELDI
- 04.45pm **Respiratory vaccinations in sarcoidosis patients: pneumococcus, RSV, COVID, Herpes Zoster in clinical practice**
FRANCESCO BLASI, MARCO MANTERO
- 05.00pm **Obstructive ventilatory defect in sarcoidosis**
ALBERTO PAPI, LUCIA VIETRI
- 05.15pm **Discussion**
- 05.30pm **Conclusion of first day**

05.30pm **EXTRA CME Session with the unconditional contribution of Xentria**
Heterogeneity of sarcoidosis: phenotypes, endotypes and clinical implications
ROBERT BAUGHMAN, PAOLO CAMELI - CHAIR: MARCEL VELTKAMP

SATURDAY, APRIL 18

FOURTH SESSION: EVOLUTION OF PSYCHOLOGICAL CARE AND PRESERVATION OF THE QUALITY OF LIFE OF THE PERSON WITH SARCOIDOSIS

CHAIRS: MARC JUDSON, ANNA AGNESE STANZIOLA, MICHELLE SHARP

- 09.00am **Areas of possible improvement: what people with sarcoidosis ask for**
FILIPPO MARTONE
- 09.15am **PREMs and PROMs in daily clinical practice**
ELIZABETH ARKEMA
- 09.30am **From symptoms to functioning: why patient-centered assessment of ability to work matters**
MARJOLEIN DRENT
- 09.45am **Diagnostic and therapeutic tools that can be integrated into the clinical practice of sarcoidosis**
CLAUDIO TANA

SATURDAY, APRIL 18

- 10.00am **Artificial intelligence and remote medicine: their impact on sarcoidosis caretaking**
MARLIES WIJSENBEK
- 10.15am **Evolution of neurology and neuropsychology in sarcoidosis**
FRANCESCO CINETTO
- 10.30am **Discussion**
- 10.45am **Coffee break**

FIFTH SESSION: BASIC RESEARCH ON SARCOIDOSIS: UPDATE 2026

CHAIRS: DOMINIQUE VALEYRE, LUCA RICHELDI, ELENA BARGAGLI

- 11.05am **Epidemiology of sarcoidosis and disease phenotypes**
GIOVANNI SOTGIU
- 11.20am **The interaction between ERN Sarcoidosis Core Network and daily clinical practice**
FRANCESCO BONELLA
- 11.35am **Etiopathogenesis of sarcoidosis**
PETER KORSTEN
- 11.50am **Genetics and genomics of sarcoidosis: what we expect from research**
NATALIA RIVERA
- 12.05pm **The Sarcoidomics project**
JACOBO SELLARES
- 12.20pm **The evolution of models of sarcoidosis**
SIMON HART
- 12.35pm **The microvascular landscape of sarcoidosis: evidence from nailfold capillaroscopy**
BARBARA RUARO
- 12.50pm **Discussion**
- 01.05pm **Best Poster Award**
- 01.15pm **EXTRA CME Session**
- 01.35pm **Lunch**

SIXTH SESSION: RESEARCH AND ITS IMPACT ON THE SARCOIDOSIS CLINIC

CHAIRS: FRANCESCO BONELLA, JACOBO SELLARES, EMANUELA BARISONE

- 02.45pm **Efzofitimod: What have we learned from clinical trials**
DAN CULVER
- 03.00pm **Biomarkers and sarcoidosis: what's new**
ANTJE PRASSE
- 03.15pm **Concluded and ongoing clinical trials: lessons learned**
MARC JUDSON
- 03.30pm **Diagnosis and treatment guidelines: time for a review?**
DOMINIQUE VALEYRE
- 03.45pm **The future of sarcoidosis research: clinical trials and beyond**
ROBERT BAUGHMAN
- 04.00pm **Discussion**
- 04.15pm **Closing remarks**

GENERAL INFO

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CONGRESS VENUE

Courtyard by Marriott Rome Central Park
Via Giuseppe Moscati, 7 - Rome

CME CREDITS

Provider n. 5798 – Awarded credits 11
Event n. 475424

The Conference has been accredited by the Italian Ministry of Health in RESIDENTIAL mode for all disciplines of Physician and Dentist

CONGRESS PRESIDENT

DOTT. FILIPPO MARTONE
ACSI – Amici Contro la Sarcoidosi Italia
ETS – President

SCIENTIFIC DIRECTOR

PROF. LUCA RICHELDI
Full Professor of Respiratory Medicine,
Policlinico Gemelli, Rome

SCIENTIFIC COMMITTEE

PROF. ELENA BARGAGLI
Full Professor of Respiratory Medicine,
University of Siena

PROF. PAOLO SPAGNOLO
Full Professor of Respiratory Medicine,
University of Padova

LEARNING OUTCOME

Technical and professional content, knowledge and skills specific to each profession, each specialisation and each ultra-specialised activity, including rare diseases and gender medicine.

VERIFICATION METHOD

It should be noted that, for the purpose of acquiring training credits, 90% actual attendance of the whole duration of the proceedings and at least 75% of the correct answers to the learning assessment test are required.

PRIZE FOR POSTGRADUATE STUDENTS

A special award has been organized for young researchers. Trainees and newly specialized doctors, regularly enrolled in the Congress, are invited to submit their abstracts, which will be presented at the Congress as Posters. The three best abstracts will be selected by the Scientific Committee and awarded a prize of € 500.00 each. As soon as the registration is completed and the registration fee is paid, all those who wish to participate will be sent an abstract form containing instructions.

Abstracts must be submitted by **no later than March 30, 2026**.

SUBSCRIPTION FEE

(VAT 22% INCLUDED)

The subscription fee includes:

- Participation at Scientific Sessions
- Congress kit
- Light lunch and coffee breaks as scheduled
- Certificate of attendance

REGISTRATION FEES	BY MARCH 1, 2026	FROM MARCH 2, 2026
Physician	240€	350€
Trainee, PhD Student, Research Fellow	120€	120€
ACSI member (physician)	240€	350€

REGISTRATION AND METHOD OF PAYMENT

Fee payment can be made after completing the Registration Form by:

- **Bank transfer net of bank charging:**

SYMPOSIUM EVENTI SRL

Bank: BANCA DI BOLOGNA Bologna Sede
IBAN: IT 39 N 08883 02401 016000163992
BIC: CCRTIT2TDBB

Stated reason for the transfer:
Registration (Name and Surname)
FIFTH NATIONAL CONGRESS ON THE
DIAGNOSIS AND TREATMENT OF SARCOIDOSIS

- **Debit/Credit card net of charges**

To register [click here](#)

HOTEL RESERVATION

For hotel reservations please contact:
Symposium Eventi srl
segreteria@symposium-eventi.it
Mob. +39 3387479543

After receiving the reservation request, the Organizing Secretariat will send back a Hotel Confirmation Form including costs and methods of payment.

